



MATINÉE CHAUM

POSTPARTUM CARE CENTER

ILSAN BRANCH

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Bon Voyage

MATINÉE CHAUM

The first travel destination
for mother and baby,
MATINÉE CHAUM



“MATINÉE CHAUM” combines postpartum care and the best hotel services based on CHA Hospital’s 60 years of obstetrics and gynecology know-how.

To ensure that every moment you spend with your baby is healthy and precious, we provide a leisurely and comfortable rest with a variety of programs provided by CHA Medical Center’s medical staff.

We have a differentiated postpartum care system for mother and baby that is individually customized, including exercise, spa, and baby home care, depending on the baby’s health status, mother’s delivery type, feeding plan, health condition, and psychological state.

Through space and facilities optimized for postpartum care, butler service and laundry service, you can enjoy more comfort during your stay.

Prepare for a happy parenting journey with MATINÉE CHAUM’s experienced newborn specialists!



MATINÉE SALLE

A private space for mothers who need rest

SYSTEMATIC MANAGEMENT THROUGH COLLABORATION
WITH CHA MEDICAL CENTER'S MEDICAL STAFF



Meal



Exercise



Medical Staff Training
from CHA



Spa



Breast Care



Baby Home Care

Prenatal

Delivery

Postpartum

ONE STOP SERVICE



Total prenatal and postnatal care program for healthy childbirth

We provide a 1:1 customized program during the most beautiful period of pregnancy and childbirth in a woman's life cycle, and through collaboration with CHA hospital's medical staff, we design a personalized program to ensure the best condition during the childbirth process.



Personalized postpartum care service

We provide the optimal postpartum care solution by customizing exercise, education, and spa programs according to the mother's delivery type and health condition.



A cultural space with entertainment

Postpartum care should be a combination of physical and mental happiness. Plan a happy life with your baby while enjoying a variety of cultural activities in various cultural spaces such as the atelier (art space) and cafeteria (relaxation space).



MATINÉE BÉBÉ

A space for healthy newborns

Professional neonatal nursing staff cares for newborns 24 hours a day with the utmost care, with the heart of a mother and father.

It is operated under a hospital-linked infection control system, and more thorough efforts are being made to control infection by separating the movement routes for mothers and babies.

NEONATAL CARE PROGRAM



Daily rounds service
by CHA Medical Center
Pediatrics Professor



Rapid emergency
response and medical
treatment linkage system
Neonatal Intensive Care
Unit (NICU)

M1
M2
M3

Operating individual
neonatal rooms on each
floor



Continuous monitoring
of infection control



Separate pre-observation
room, feeding room,
and washing room



Automatic cleaning system
and UV disinfection of
breastfeeding products



Creating an environment
for a comfortable sleep for
newborns



Contains childcare
products
that can be used safely



Construction of an air
purification unit (FFU)
HEPA filter system and
oxygen generation system



Use non-glare lighting



ESTHÉTIQUE CHAUM

Aesthetics that provide complete relaxation

Depending on the mother's health status, we design a personalized program through professional consultation in each field and operate a customized care system for the mother from prenatal to postnatal and postnatal care.

MATINÉE SPA



Prenatal Spa Program

It prevents stretch marks and swelling caused by pregnancy and helps improve whole body circulation by relieving circulatory problems experienced during pregnancy.



Postpartum Spa Program

It not only relieves pain caused by rapid changes in body shape during pregnancy, but also consists of delicate manual care to correct the body's balance, as well as special heat, slimming, and elasticity management.

MATINÉE BREAST CARE



Breast care

Taking individual breast characteristics into account, we provide customized programs by analyzing the causes of poor breastfeeding and ways to improve them, including pain management in the breasts, as well as breastfeeding posture and latch coaching suited to the mother and baby.



MATINÉE PHYSIQUE

Be healthy, be beautiful! Pilates for pregnant women

G·X program

Art Pilates, offered at MATINÉE CHAUM, is made up of customized movements according to the type of childbirth, so anyone can easily follow it. It creates a flexible and balanced body while helping to relieve pain caused by body shape correction as well as postpartum recovery.

1:1 customized clinic

After diagnosing the mother's body type and physical condition, a customized 1:1 exercise program is provided to ensure maximum exercise effect in the minimum amount of time. Recommended for those who want high-quality classes.



Art Pilates

Cheongdam Art Pilates is Korea's first Pilates studio located in Cheongdam-dong, Gangnam-gu, and is an official partner of MATINÉE CHAUM.





MATINÉE CUICINE

Healthy diet for quick postpartum recovery

Delicious food therapy considering nutrition

We provide a diet designed with a balanced diet of nutrients to help with postpartum recovery, designed by nurses, nutritionists, and chefs.



MATINÉE SPA

FOR MOTHER'S WELLNESS BEAUTY

Prenatal and Postnatal Care

Aesthetic Chaum is affiliated with obstetricians and gynecologists at CHA Medical Center and Cheongdam Chaum's prenatal/postnatal center, providing a wellness spa program exclusively for mothers with personalized care specialized for a healthy pregnancy and postnatal recovery.

1:1 Program designed by a Professional Therapist



Prenatal
care

MATINÉE Special Treatment I

Balance package for healthy childbirth

Prenatal Program

This is designed to take into account each individual's pregnancy cycle and is prepared for a healthy childbirth by helping relieve various pains and swelling.

MATINÉE Special Treatment II

Basic package focused on body circulation

BODY CIRCULATION Postpartum Care

This care helps restore the body's condition by purifying stagnant waste and focusing on alleviating swelling and coldness.

Special package to restore elastic body line

BODY RECOVERY Postpartum Care

This is customized care that diagnoses pain according to the mother's condition and has excellent results in restoring body balance and body line.

SPA FIT package for healthy recovery

SPA FIT Postpartum Care

This is a special care that speeds up healthy recovery by combining spa for pain relief and smooth circulation with exercise to correct posture.

MATINÉE BREAST CARE

FOR MOTHER'S HAPPINESS COMMUNION

Breast Care

ESTHÉTIQUE CHAUM's breast care (breast massage) provides correct information by analyzing the causes and improvement methods, including breast pain management that takes into account individual characteristics, as well as breastfeeding posture coaching tailored to the mother's situation. Through this, we help create a happy bonding time between mother and baby.

Design of individual analysis program by professional manager



1:1
diagnosis



Unique
management
technology



Customized
healthy
delactation



Package
care

MATINÉE Signature Program

In order to prevent mastitis, etc, which occurs at different times depending on the birth method and individual differences, and to provide high-quality breast milk to the baby, we provide customized care programs by identifying the shape and mammary gland of the breast through 1:1 diagnosis by a breast care expert immediately after childbirth.

For happy communication between mother and baby

1:1 CUSTOM CARE

Care after
birth

Exceptional
care

Delactation
care

Special Care
• Premature
baby
• Twins

For more details, please access the QR code below.



ESTHÉTIQUE CHAUM



BREAST CARE



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