



# MATINÉE CHAUM

## POSTPARTUM CARE CENTER

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# Bar Voyage

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## MATINÉE CHAUM

The first travel destination  
for mother and baby,  
**MATINÉE CHAUM**



“MATINÉE CHAUM” combines postpartum care  
and the best hotel services based on  
CHA Hospital’s 60 years of obstetrics and  
gynecology know-how.

To ensure that every moment you spend with  
your baby is healthy and precious,  
we provide a leisurely and comfortable rest  
with a variety of programs provided by  
CHA Medical Center’s medical staff.

We have a differentiated postpartum care system for  
mother and baby that is individually customized,  
including exercise, spa, and baby home care,  
depending on the baby’s health status,  
mother’s delivery type, feeding plan, health condition,  
and psychological state.

Through space and facilities optimized for  
postpartum care, butler service and laundry service,  
you can enjoy more comfort during your stay.

Prepare for a happy parenting journey with  
MATINÉE CHAUM’s experienced newborn specialists!



## MATINÉE SALLE

A private space for mothers who need rest

SYSTEMATIC MANAGEMENT THROUGH COLLABORATION  
WITH CHA MEDICAL CENTER'S MEDICAL STAFF



Meal



Exercise



Medical Staff Training  
from CHA



Spa



Breast Care



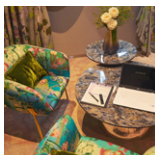
Baby Home Care

Prenatal

Delivery

Postpartum

ONE STOP SERVICE



### Total prenatal and postnatal care program for healthy childbirth

We provide a 1:1 customized program during the most beautiful period of pregnancy and childbirth in a woman's life cycle, and through collaboration with CHA hospital's medical staff, we design a personalized program to ensure the best condition during the childbirth process.



### Personalized postpartum care service

We provide the optimal postpartum care solution by customizing exercise, education, and spa programs according to the mother's delivery type and health condition.



### A cultural space with entertainment

Postpartum care should be a combination of physical and mental happiness. Plan a happy life with your baby while enjoying a variety of cultural activities in various cultural spaces such as the atelier (art space) and cafeteria (relaxation space).



## MATINÉE BÉBÉ

### A space for healthy newborns

Professional neonatal nursing staff cares for newborns 24 hours a day with the utmost care, with the heart of a mother and father.

It is operated under a hospital-linked infection control system, and more thorough efforts are being made to control infection by separating the movement routes for mothers and babies.

#### NEONATAL CARE PROGRAM



Daily rounds service  
by CHA Medical Center  
Pediatrics Professor



Rapid emergency  
response and medical  
treatment linkage system  
Neonatal Intensive Care  
Unit (NICU)



Operating individual  
neonatal rooms on each  
floor



Continuous monitoring  
of infection control



Separate pre-observation  
room, feeding room,  
and washing room



Automatic cleaning system  
and UV disinfection of  
breastfeeding products



Creating an environment  
for a comfortable sleep for  
newborns



Contains childcare  
products  
that can be used safely



Construction of an air  
purification unit (FFU)  
HEPA filter system and  
oxygen generation system



Use non-glare lighting



# ESTHÉTIQUE CHAUM

**Aesthetics that provide complete relaxation**

Depending on the mother's health status, we design a personalized program through professional consultation in each field and operate a customized care system for the mother from prenatal to postnatal and postnatal care.

## MATINÉE SPA

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### **Prenatal Spa Program**

It prevents stretch marks and swelling caused by pregnancy and helps improve whole body circulation by relieving circulatory problems experienced during pregnancy.



### **Postpartum Spa Program**

It not only relieves pain caused by rapid changes in body shape during pregnancy, but also consists of delicate manual care to correct the body's balance, as well as special heat, slimming, and elasticity management.

## MATINÉE BREAST CARE

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### **Breast care**

Taking individual breast characteristics into account, we provide customized programs by analyzing the causes of poor breastfeeding and ways to improve them, including pain management in the breasts, as well as breastfeeding posture and latch coaching suited to the mother and baby.



## MATINÉE PHYSIQUE

**Be healthy, be beautiful! Pilates for pregnant women**

### **G·X program**

Art Pilates, offered at MATINÉE CHAUM, is made up of customized movements according to the type of childbirth, so anyone can easily follow it. It creates a flexible and balanced body while helping to relieve pain caused by body shape correction as well as postpartum recovery.

### **1:1 customized clinic**

After diagnosing the mother's body type and physical condition, a customized 1:1 exercise program is provided to ensure maximum exercise effect in the minimum amount of time. Recommended for those who want high-quality classes.



### **Art Pilates**

Cheongdam Art Pilates is Korea's first Pilates studio located in Cheongdam-dong, Gangnam-gu, and is an official partner of MATINÉE CHAUM.







## MATINÉE CUICINE

Healthy diet for quick postpartum recovery

**Delicious food therapy considering nutrition**

We provide a diet designed with a balanced diet of nutrients to help with postpartum recovery, designed by nurses, nutritionists, and chefs.



# MATINÉE SPA

## FOR MOTHER'S WELLNESS BEAUTY

### Prenatal and Postnatal Care

Aesthetic Chaum is affiliated with obstetricians and gynecologists at CHA Medical Center and Cheongdam Chaum's prenatal/postnatal center, providing a wellness spa program exclusively for mothers with personalized care specialized for a healthy pregnancy and postnatal recovery.

#### 1:1 Program designed by a Professional Therapist



### MATINÉE Special Treatment I

#### Balance package for healthy childbirth

##### Prenatal Program

This is designed to take into account each individual's pregnancy cycle and is prepared for a healthy childbirth by helping relieve various pains and swelling.

### MATINÉE Special Treatment II

#### Basic package focused on body circulation

##### BODY CIRCULATION Postpartum Care

This care helps restore the body's condition by purifying stagnant waste and focusing on alleviating swelling and coldness.

#### Special package to restore elastic body line

##### BODY RECOVERY Postpartum Care

This is customized care that diagnoses pain according to the mother's condition and has excellent results in restoring body balance and body line.

#### SPA FIT package for healthy recovery

##### SPA FIT Postpartum Care

This is a special care that speeds up healthy recovery by combining spa for pain relief and smooth circulation with exercise to correct posture.



# MATINÉE BREAST CARE

## FOR MOTHER'S HAPPINESS COMMUNION

### Breast Care

ESTHÉTIQUE CHAUM's breast care (breast massage) provides correct information by analyzing the causes and improvement methods, including breast pain management that takes into account individual characteristics, as well as breastfeeding posture coaching tailored to the mother's situation. Through this, we help create a happy bonding time between mother and baby.

### Design of individual analysis program by professional manager



1:1  
diagnosis



Unique  
management  
technology



Customized  
healthy  
delactation



Package  
care

### MATINÉE Signature Program

In order to prevent mastitis, etc, which occurs at different times depending on the birth method and individual differences, and to provide high-quality breast milk to the baby, we provide customized care programs by identifying the shape and mammary gland of the breast through 1:1 diagnosis by a breast care expert immediately after childbirth.

### For happy communication between mother and baby

#### 1:1 CUSTOM CARE



Care after  
birth



Exceptional  
care



Delactation  
care



Special Care  
• Premature  
baby  
• Twins

For more details, please access the QR code below.



ESTHÉTIQUE CHAUM



BREAST CARE



MATINÉE CHAUM